***Stroke has a new indicator!***

**They say if you forward this to ten people, you stand a chance of saving one life. Will you send this along? Blood Clots/Stroke - They Now Have a Fourth Indicator, the Tongue:**

**During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) ...she said she had just tripped over a brick because of her new shoes.**

**They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening.**

**Jane's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 PM Jane passed away.) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.**

**It only takes a minute to read this.**

**A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.  
>>RECOGNIZING A STROKE<<**

**Thank God for the sense to remember the '3' steps, STR. Read and Learn!**

**Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.**

**Now doctors say a bystander can recognize a stroke by asking three simple questions:**

**S \*Ask the individual to SMILE.**

**T \*Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently)  
(i.e. Chicken Soup)**

**R \*Ask him or her to RAISE BOTH ARMS.**

**If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.**

**New Sign of a Stroke -------- Stick out Your Tongue**

**NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue. If the tongue is**

**'crooked', if it goes to one side or the other that is also an indication of a stroke.**